

# SIS40619 Certificate IV in Outdoor Leadership



This qualification reflects the role of highly skilled outdoor recreation leaders who lead and supervise dependent participants in recreational activities according to activity plans which they develop.

These leaders are proficient in recreational activity techniques and have well-developed leadership skills to manage group participant, cohesion, operational logistics, risk and significant problems as they arise. While actions are limited by the parameters of plans, policies and procedures, they work with a considerable amount of autonomy.

This qualification reflects the role of leaders who can work at or close to base but often in remote areas distant from support. Communication systems may be unreliable and assistance from medical and emergency services may not be readily available. They are expected to make high level independent judgements about logistical, technical, safety and emergency response issues.

This qualification provides a pathway to work for any type of organisation that delivers outdoor recreation activities including commercial, not-for-profit and government organisations.

## Job Roles- Career Pathways

This qualification provides a pathway to work for any type of organisation that delivers outdoor recreation activities including, commercial, not-for-profit and government organisations.

- Camping and Outdoor Recreation Centres
- Retail camping sector
- Outdoor Education
- Youth at Risk programs
- Commercial Operators
- Tourism
- Adventure Therapy programs
- Volunteer Organisation
- Sport and Recreation centres

## Course Overview

The Certificate IV in Outdoor Recreation is aimed at people that are either already working in the Outdoor Recreation sector or for those that want to launch their career. The nationally recognised qualification provides skills and knowledge for an individual to competently lead or an outdoor recreation activity. An outdoor leader has the skills, knowledge and experience to facilitate skill transfer or development to clients in order that they may participate in outdoor activities

## Course Duration maximum timeframe of 12 months (NB: could be completed earlier)



## Enrolment Requirements

- Age 18 or over (industry driven requirement)
- participate in adventurous physical activities
- Participants are responsible for their own travel arrangements and any associated costs to and from face-to-face training and assessment sessions
- Have access to a fully-functional computer/smart device loaded with a web-browser (e.g. Internet Explorer, Firefox) and appropriate software applications to read PDF files (e.g. Adobe), produce documents (e.g. Microsoft Word etc.)
- Have access to a computer/smart device with reliable Internet access (ability to download and upload documentation from/to the Outdoor Training College online learning server)

## Enrolment Requirements

- Have current valid email account for online learning and assessment communication and support
- Successfully complete all assessment tasks within the required timeframes
- Participants are responsible for their own travel arrangements and any associated costs to and from face-to-face training and assessment sessions
- Access to internet for on-line component of the course
- Have access to equipment for the selected activity (e.g. harness, helmet, canoe, kayak, etc.)

## Outdoor Recreation Leader/ Guide

An outdoor recreation guide or leader, guides individuals or groups in outdoor recreation activities, such as bushwalking, canoeing, caving, rock climbing, abseiling, horse trekking and numerous other activities. They lead or guide clients so that they can participate in outdoor activities.

A guide or leader will supervise people on outdoor expeditions and work is often based on adventure tourism, eco-tourism, holiday camps and school camps utilising outdoor recreation



## Outdoor Training College

A division of Above & Below Adventure Company Pty Ltd

"without risk we may not grow" | [info@outdoortrainingcollege.com.au](mailto:info@outdoortrainingcollege.com.au) | [www.outdoortrainingcollege.com.au](http://www.outdoortrainingcollege.com.au) | 02 45790677



## Certificate IV Outdoor Leadership Course Structure

A total of 27 units of competency are required to complete this qualification

### Core Units of Competency - 12 units

HLTWH5003	Maintain work health and safety
PUAOPE013	Operate communication systems and equipment
SISOFLD002	Minimise environmental impact
SISOPLN001	Finalise operation of outdoor recreation activities
SISOPLN002	Plan activity sessions
SISOPLN004	Identify hazards, assess and control risk for outdoor recreation activities
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities
SISORSC001	Conduct search and rescue
SISXCAI006	Facilitate groups
SISXEMR002	Coordinate emergency response
SISXEMR001	Respond to emergency situations
SISXFAC001	Maintain equipment for activities

### Activity Specialisation Units

You can chose a minimum of 2 and a maximum of 3 activity areas, but you cannot exceed 15 Units

#### Activity Groupings

<i>Group A to AH</i>	<i>Number of Units in Grouping</i>
Abseiling, Natural Surfaces	5 Units
Bushwalking, Difficult Tracked Environments	4 Units
Climbing, Natural Surfaces, Top Rope	5 Units
Climbing, Natural Surfaces, Lead, Single pitch	5 Units
Canoeing, Moving water	5 Units
Cycle Touring On Road	4 Units
Cycle Touring, off Road Intermediate Trails	4 Units
Kayaking Moving Water	5 Units
Sea Kayaking	5 Units

See page 3 to identify the units covered for each activity



### General Electives - Group AC

These individual units are additional units that can be chosen to make up the correct number of units for this qualification

BSBLDR403	Lead team effectiveness
BSBWOR404	Develop work priorities
CHCPRT002	Support the rights and safety of children and young people
CHCYTH001	Engage respectfully with young people
SISOFLD003	Select, set up and operate a temporary or overnight site
SISXCCS002	Coordinate client service activities
SISXHRM001	Recruit and manage volunteers
SISXIND005	Coordinate work teams or groups
SITTGDE002	Work as a guide
SITTGDE004	Lead tour groups
SITTGDE005	Prepare and present tour commentaries or activities
SITTGDE006	Develop and maintain the general and regional knowledge required by guides
SITTGDE007	Research and share general information on Australian Indigenous cultures
SITTGDE008	Prepare specialised interpretive content on flora, fauna and landscape
SITTGDE011	Coordinate and operate tours
SITTOP002	Provide outdoor catering
SITXFSA001	Use hygienic practices for food safety
SITXFSA002	Participate in safe food handling practices
TAEASS401	Plan assessment activities and processes
TAEASS402	Assess competence
TAEASS403	Participate in assessment validation
TAEASS502	Design and develop assessment tools
TAEDEL301	Provide work skill instructions
SITTPPD002	Develop interpretive activities
SITXCOM002	Show social and cultural sensitivity



## Course Delivery

The course is delivered via our web-based on-line learning in conjunction with face-to-face training sessions in the field, a flexible blended learning environment.

The course content focuses on key skills that develop your knowledge so that you can successfully plan and deliver an outdoor recreation activity.

This may include developing skills in risk management, navigation, weather interpretation, environment factors, health and safety, emergency response and overall planning skills in a wide range of work environments.

These are all completed in the context of your selected activities and the online theory component of all courses

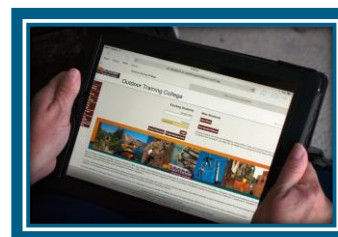
The face-to-face training and assessment is conducted in various locations throughout Australia and is based upon demand. The activity calendar is regularly updated, (every 3 months) to reflect current enrolments. The calendar is on-line allowing students to view and select their own training/ assessment sessions within their course time frame.



## Enrolment requirements

This course has the following enrolment requirements:-

- Must be 18 years of age or older (industry driven requirement),
- Have access to a fully- functional computer/ smart device loaded with a web-browser (e.g. internet explorer, Firefox, puffin) and appropriate software applications to read and write PDF files (e.g. Adobe), produce documents (e.g. Microsoft word etc.)
- Have access to a company/ smart device with reliable Internet access (ability to download and upload documentation from/ to the College's online learning portal)
- Have current valid email account for online learning and assessment communication and support
- Successfully complete all assessment tasks within the required timeframes



## Commencement of subject or course

A subject or course is deemed to have started if the "start of study date" has passed and the delivery of the course has commenced.

On-line delivery is said to have commenced if the course is open in the on-line environment for the individual student, this is automatic once appropriate fees have been paid

### Activity Groupings

<b>Group B</b>	<b>Abseiling Natural Surfaces – 5 Units</b>
SISOABS003	Abseil single pitches, natural surfaces
SISOABS006	Establish ropes for single pitch abseiling on natural surfaces
SISOABS009	Lead single pitch abseiling activities on natural surfaces
SISOFLD006	Navigate in tracked environments
SISORSC002	Perform vertical rescues
<b>Group C</b>	<b>Bushwalking, Difficult Tracked Environments – 4 Units</b>
SISOBWG002	Bushwalk in difficult tracked environments
SISOBWG004	Cross rivers during bushwalks
SISOBWG006	Lead bushwalks in difficult tracked environments
SISOFLD007	Navigate in difficult tracked environments
<b>Group L</b>	<b>Canoeing, Moving water – 5 Units</b>
SISOCNE002	Paddle a canoe on inland flatwater
SISOCNE003	Paddle a canoe on moving water up to grade 1 rivers
SISOCNE005	Lead canoeing activities on inland flatwater
SISOCNE006	Lead canoeing activities on moving water up to grade 1 rivers
SISOFLD006	Navigate in tracked environments
<b>Group O</b>	<b>Cycle Touring, On Road – 4 Units</b>
SISOCYT001	Set up, maintain and repair bicycles
SISOCYT003	Ride bicycle on roads, up to moderate terrain and heavy traffic
SISOCYT007	Lead cycling activities on roads, up to moderate terrain and heavy traffic
TLIH3002	Plan and navigate routes

## RPL (Recognition of Prior learning) / Credit transfer

RPL and or Credit transfer is available and you must meet the criteria associated with this process.

Regardless of the assessment pathway undertaken the pricing structure remains the same

## We GUARANTEE that if you ENROL we will RUN YOUR SELECTED COURSE- even if you are the ONLY PARTICIPANT!

Note: If you are the only participant, Face-to-Face training will be in the Sydney region.

All other components are completed on-line.

Enrolment is required before you can book any of the training/ assessment dates

### Activity Groupings - Continued

<b>Group I</b>	<b>Climbing, Natural Surfaces Top Rope – 5 Units</b>
SISOCLM002	Top rope climb, single pitches, natural surfaces
SISOCLM006	Establish belays for single pitch climbing on natural surfaces
SISOCLM009	Lead single pitch climbing activities on natural surfaces, top rope climbing
SISOFLD006	Navigate in tracked environments
SISORSC002	Perform vertical rescues
<b>Group J</b>	<b>Climbing, Natural Surfaces, Lead, Single Pitch – 5 units</b>
SISOCLM003	Lead climb single pitches, natural surfaces
SISOCLM006	Establish belays for single pitch climbing on natural surfaces
SISOCLM010	Lead single pitch climbing activities on natural surfaces, lead climbing
SISOFLD006	Navigate in tracked environments
SISORSC002	Perform vertical rescues



## Activity Groupings - Continued

<i>Group P</i>	Cycle Touring, Off Road Intermediate trails – 4 Units
SISOCYT001	Set up, maintain and repair bicycles
SISOCYT005	Ride off road bicycles on intermediate trails
SISOCYT007	Lead off road cycling activities on intermediate trails
SISOFLD007	Navigate in difficult tracked environments
<i>Group U</i>	Kayaking, Moving Water – 5 Units
SISOFLD006	Navigate in tracked environments
SISOKYK001	Paddle kayak on inland flatwater
SISOKYK002	Paddle kayak on moving water up to grade 1 rivers
SISOKYK005	Lead Kayaking activities on inland flatwater
SISOKYK006	Lead kayaking activities on moving water up to grade 1 rivers
<i>Group W</i>	Sea Kayaking – 5 Units
SISOFLD005	Navigate waterway courses
SISOKYS001	Paddle a sea kayak in enclosed waters
SISOKYS002	Paddle a sea kayak in sheltered coastal waters
SISOKYS004	Lead sea kayaking activities in enclosed waters
SISOKYS005	Lead sea kayaking activities in sheltered coastal waters



**PLEASE NOTE:**  
THE FOLLOW ACTIVITY AREAS ARE AVAILABLE BUT ATTRACT ADDITIONAL COSTS TO THE STUDENT, AND ADDITIONAL FACE-TO-FACE TRAINING TIME, BASED UPON CRITERIA REQUIREMENTS.

### Additional Activity – Upon Request Only

Additional activities may be available upon request, you would need to contact the office to discuss any alteration to our normal course structure

Note: These activities may incur an additional cost then our standard course

<i>Group B</i>	Abseiling natural Surfaces, Multi Pitch – 6 Units
SISOABS004	Abseil multi pitches, natural surfaces
SISOABS007	Establish ropes for multi pitch abseiling on natural surfaces
SISOABS010	Lead multi pitch abseiling activities on natural surfaces
SISOFLD006	Navigate in tracked environments
SISORSC002	Perform vertical rescues
SISORSC003	Perform complex vertical rescues
<i>Group D</i>	Bushwalking, Extremely difficult tracked and Untracked Environments- 4 Units
SISOBWG003	Bushwalks in extremely difficult tracked and untracked environments
SISOBWG004	Cross rivers during bushwalks
SISOBWG007	Lead bushwalks in extremely difficult tracked or untracked environments
SISOFLD008	Navigate in extremely difficult tracked and untracked environments
<i>Group E</i>	Canyoning, Easy to intermediate – 5 Units
SISOCAY001	Traverse canyons
SISOCAY002	Abseil in easy to intermediate canyons
SISOCAY004	Establish ropes and belays for abseils in easy to intermediate canyons
SISOFLD007	Navigate in difficult tracked environments

## PLEASE NOTE:

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### Additional Activity Continued – Upon Request Only

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<i>Group E</i>	Canyoning, Intermediate to Advanced – 6 Units
SISOCAY001	Traverse canyons
SISOCAY003	Abseil in intermediate to advanced canyons
SISOCAY005	Establish ropes and belays for abseils in intermediate to advanced canyons
SISOFLD007	Navigate in difficult tracked environments
SISORSC002	Perform vertical rescues
SISORSC003	Perform complex vertical rescues
<i>Group G</i>	Challenge Course, Low elements – 3 Units
SISOABL002	Facilitate adventure-based learning activities
SISOCHC003	Lead challenge course sessions, high elements
SISOCHC004	Set up and supervise challenge course sessions, high elements
<i>Group K</i>	Climbing, Natural Surfaces, Lead, Multi Pitch – 6 Units
SISOCLM004	Lead climb multi pitches, natural surfaces
SISOCLM007	Establish belays for multi pitch climbing on natural surfaces
SISOCLM011	Lead multi pitch climbing activities on natural surfaces, lead climbing
SISOFLD007	Navigate in difficult tracked environments
SISORSC002	Perform vertical rescues
SISORSC003	Perform complex vertical rescues
<i>Group M</i>	Canoeing, White Water – 5 Units
SISOCNE004	Paddle a canoe on grade 2 rivers
SISOCNE007	Lead canoeing activities on grade 2 rivers
SISOFLD006	Navigate in tracked environments
SISORSC004	Self-rescue in white water
SISORSC005	Rescue others in white water
<i>Group N</i>	Caving – 8 Units
SISOCVE001	Traverse caves
SISOCVE002	Descend and ascend ladders in caves
SISOCVE003	Abseil single pitches in caves
SISOCVE004	Descend and ascend single ropes in caves
SISOCVE005	Establish ropes, ladders and belays for caving
SISOCVE006	Lead caving activities
SISORSC002	Perform vertical rescues
SISORSC003	Perform complex vertical rescues
<i>Group Q</i>	Four wheel driving – 5 Units
FWPCOT3260	Recover four wheel drive vehicle
MSS024023	Navigate in urban, regional and remote areas
SISODRV002	Lead four wheel driving activities
TLIB002	Carry out vehicle inspection
TLIB2003	Carry out vehicle servicing and maintenance
<i>Group S</i>	Horse Handling and Riding Instruction – 4 Units
SISOEQU001	Handle horses
SISOEQU007	Instruct horse handling skills

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**Additional Activity Continued – Upon Request Only**

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<b>Group R</b>	<b>Horse Trail Riding, Untracked – 5 Units</b>
RGRPSH308	Provide first aid and emergency care for horses or other equines
SISOEQU001	Handle horses
SISOEQU002	Ride horse using fundamental skills
SISOEQU004	Ride horse on untracked trail rides
SISOEQU006	Guide horse trail riding in untracked areas
<b>Group T</b>	<b>Horse Care – 3 Units</b>
RGRPSH308	Provide first aid and emergency care for horses or other equines
SISOEQU014	Determine nutritional requirements for sport or recreation horses
ACMHBR310	Prevent and treat equine injury and disease
<b>Group V</b>	<b>Kayaking, White Water, Grade 2 Rivers – 5 Units</b>
SISOFD006	Navigate in tracked environments
SISOKYK001	Paddle a kayak on grade 2 rivers
SISOKYK007	Lead kayaking activities on grade 2 rivers
SISORSC004	Self-rescue in white water
SISORSC005	Rescue others in white water
<b>Group X</b>	<b>Sea Kayaking, Exposed Waters – 4 Units</b>
MARO003	Transmit and receive information by the global maritime distress and safety system
SISOFD005	Navigate water ways
SISOKYS003	Paddle a sea kayak in exposed coastal waters
SISOKYS006	Lead sea kayaking activities in exposed coastal waters
<b>Group Y</b>	<b>Rafting, Grade 3 Rivers – 6 Units</b>
SISOFD006	Navigate in tracked environments
SISORAF002	Guide a raft on grade 3 rivers
SISORAF005	Lead rafting activities on grade 3 rivers
SISORSC004	Self-rescue in white water
SISORSC005	Rescue others in white water
SISORSC006	Lead and participate in complex white water rescues
<b>Group AA</b>	<b>Sailing Small Boats – 5 Units</b>
MEM50010B	Respond to boating emergencies and incidents
SISOSAI002	Sail small boats in partially smooth water and moderate to fresh wind conditions
SISOSAI003	Sail small boats in open coastal waters and moderate to fresh wind conditions
SISOSAI005	Lead sailing activities boats in partially smooth water and moderate to fresh wind conditions
SISOSAI006	Lead sailing activities boats in open coastal waters and moderate wind conditions
<b>Group AB</b>	<b>SCUBA Diving – 4 Units</b>
SISOSCB001	SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB004	Navigate prescribed routes underwater
SISOSCB006	Perform diver rescues
SISOSCB010	Lead SCUBA diving activities
<b>Group AI</b>	<b>Stand up Paddle Boarding, Sheltered Coastal – 2 Units</b>
SISORSC003	Paddle a stand up paddle board in sheltered coastal waters
SISORSC006	Lead stand up paddle boarding activities in sheltered coastal waters

**PLEASE NOTE:**

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**Additional Activity Continued – Upon Request Only**

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**Note: These activities may incur an additional cost then our standard course**

<b>Group AC</b>	<b>SCUBA Specialist Diving – 5 Units</b>
SISOSCB001	SCUBA dive in open water to a maximum depth of 18 metres
SISOSCB003	SCUBA dive at night
SISOSCB005	Complete underwater search and recovery dives
SISOSCB009	SCUBA dive to depths between 17 and 40 metres
SISOSCB011	Lead specialised SCUBA diving activities
<b>Group AD</b>	<b>Ski Touring</b>
SISOFD008	Navigate in extremely difficult tracked and untracked environments
SISOSKT002	Ski on intermediate cross country terrain
SISOSKT003	Use snow craft skills for alpine touring
SISOSKT005	Lead skiing activities on intermediate cross country terrain
<b>Group AE</b>	<b>Surfing, Intermediate – 4 Units</b>
SISORSC007	Perform basic surf rescues
SISOSRF002	Surf waves using intermediate manoeuvres
SISOSRF005	Lead surfing activities, intermediate
<b>Group AF</b>	<b>Surfing, Advanced – 3 Units</b>
SISORSC007	Perform basic surf rescues
SISOSRF003	Surf waves using advanced manoeuvres
SISOSRF006	Lead surfing activities, advanced manoeuvres
<b>Group AG</b>	<b>Stand up Paddle Boarding, Surf – 3 Units</b>
SISORSC007	Perform basic surf rescues
SISOSUP002	Paddle a stand up board in small waves
SISOSUP005	Lead stand up paddle boarding activities on small waves

**Additional Electives - Upon Request Only**

Additional electives may be available upon request, you would need to contact the office to discuss any alteration to our normal course structure

**Note: These elective may incur an additional cost then our standard course**

HLTAID003	Provide first aid
CHCCCS009	Facilitate responsible behaviour
CHCCCS014	Provide brief interventions
CHCPRT002	Support the rights and safety of children and young people
CHCYTH004	Respond to critical situations
FWPFGM3214	Operate a four wheel drive in a towing situation
MEM50008B	Carry out trip preparation and planning
MEM50009B	Safely operate a mechanically powered recreation boat
SISCAQU002	Perform basic water rescues
SISCAQU007	Perform advanced water rescues
SISOFD004	Provide first aid in remote locations
SISXDIS001	Facilitate inclusion for people with a disability
SISXDIS002	Plan and conduct disability recreation programs
SISXIND010	Protect children and young people
SISXMGTO01	Develop and maintain stakeholder relationships
SITTGDE009	Prepare specialised interpretive content on marine environments
SITTGDE010	Prepare specialised interpretive content on cultural and heritage environments
SITTGDE012	Manage extended touring programs

